

PROLANA

Sound Sleep – Active Life



NATURAL BEDDING



MATTRESSES



BABY & CHILD

ENVIRONMENTALLY
FRIENDLY
FAIR
SUSTAINABLE
AND GOOD FOR YOU





“When we started producing bedding and mattresses with the wool of sheep that had never been treated with pesticides, few believed that we’d live to tell this success story ...”

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GOING GREEN AND ORGANIC – A TREND WE LIKE.

Dear PROLANA customer, It's great that more and more people choose organic, natural materials that feel good on the skin but for us at PROLANA that's not enough.

Since 1987 PROLANA has been pioneering high quality organic bedding and natural products that enhance your sleep and general wellbeing. We care deeply about the environment and we believe that all the people we work with deserve to be treated in a fair manner.

We continue to set new, higher standards through innovation and new ideas and we remain convinced that high quality products, made with care and from organic materials, will keep and extend their rightful place in the market. Producing cheap goods by exploiting workers and the environment is not sustainable in the long run. At PROLANA we have a blanket approach to fairness: benefits all around. What we do at PROLANA benefits everyone working for or with us; it benefits the

animals which produce the lovely wool we use and it benefits the environment. Browse this catalogue to find out how we achieve this.

And one more thing: we want you to have not just an excellent product, it's essential to us at PROLANA that the product you get is just right for you.

We hope you too will become one of a growing number of PROLANA fans. Whatever PROLANA product you choose, enjoy it - and sleep well.



Norbert Baldauf
PROLANA



ORGANIC

When you buy a PROLANA product you can be sure that it is natural and has been produced as sustainably as possible. We only use renewable resources for our products. Our cotton is certified organic, as is the pure new sheep’s wool we use. But our involvement in protecting the environment does not end there: we also use FSC (Forest Stewardship Council) certified rubber and thus help protect forested areas from ruthless exploitation. Our products are regularly tested by independent laboratories which certify our compliance with IVN and GOTS standards.

GOOD FOR YOU

For us a duvet is not just a duvet and a baby sleeping bag not something your child quickly grows out of. We want PROLANA products to actively enhance your wellbeing. That’s why our whole chain of production, from the raw materials right through to the finished product, is in compliance with IVN and GOTS standards. Our mattresses are tested by the ECO-Institute and by QUL (Quality association for environmentally-agreeable latex mattresses) which is your guarantee that the mattresses are free of any toxic substances. And consumer magazines have time and again praised the excellent quality of our products.

PROLANA MILESTONES



1987

The year PROLANA is founded. Right from the start we used only wool from sheep that had never been treated with pesticides. And we’ve been doing so ever since.



1989

PROLANA helps initiate an organic cotton project in Nicaragua. Today more than 150 smallholders grow organic cotton under the umbrella of this project.



1993

PROLANA uses only certified organic cotton. No exceptions.

SUSTAINABLE AND FAIR

Protecting the environment is important to us. But for PROLANA it is as important to treat people in a fair manner, starting with the producers of the natural materials we purchase, right through to the people who finish, pack and ship our products. We believe it is necessary to consider both nature and people to achieve true sustainability. For us that means: we use organic cotton, FSC certified rubber and the producers get a Fair Trade premium. Find out on pages 26 to 31 just how important fairness is to us.

OUR PHILOSOPHY: QUALITY AND FAIRNESS MAKE A PREMIUM PRODUCT

PROLANA started out with a clear set of principles and values: Fairness in all interactions with other people, production to the highest standards, the use of natural materials, sustainability and protection of the environment. These principles ('of values' won't work) have remained the guidelines for what we do because we know that PROLANA customers trust in the quality of our products and the standards to which we work. We want to keep it that way. That's why for us the PROLANA philosophy is an integral part of every day.



2000

PROLANA uses only certified organic pure new sheep's wool for bedding and mattresses.



2008

PROLANA becomes the first company to use fairly traded natural latex from FSC certified rubber plantations to produce mattresses.



2012

The organic cotton that PROLANA uses comes from farmers and processors that have been certified by the FairTrade Labelling Organization (FLO) International.

DREAMING

We spend about a third of our lives asleep. Whether we wake up in the morning refreshed and ready for the day depends on a number of factors. Our sleeping environment, temperature and ambient noise all play a part. But the duvet that covers and surrounds you, the material it's made from, its softness, cosiness and comfort ... sweet dreams can be made of this.

Only the best

sheep's wool:

constant, comfortable warmth



cotton:

breathable, robust, suitable for allergy sufferers



camel down:

wicks away excess moisture fast, very warming, soft



yak down:

constant high degree of warmth, fluffy, soft

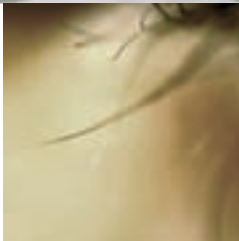
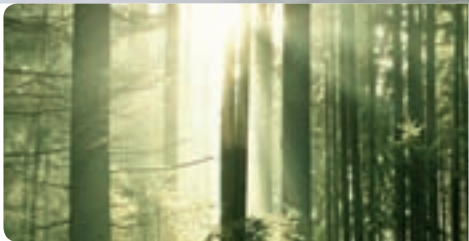


silk:

smooth, cooling, luxurious



Choose from different filling materials. Each one on offer has its own character, some provide more warmth, others are light and airy but each creates an individual microclimate. From cooling silk to the downy warmth of yak wool for freezing winter nights, at PROLANA you will find the duvet that's perfect for you. Whichever you choose – like all PROLANA products – it will be made purely from natural materials. We only use certified organic cotton and the pure new wool for our duvet fillings is also certified organic. The duvets can also be adapted with different amounts of filling to suit your needs throughout the seasons.



Wrapped up snugly with the cosiness,
comfort and luxury of all-natural fibres

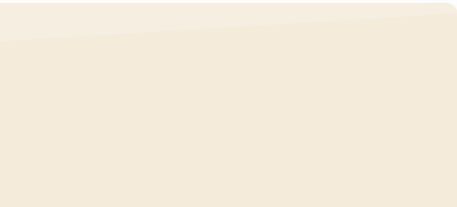
PROLANA *BEDDING*



cooling

sensuous

suitable for allergy sufferers





Suave Silk If You Like It Cool

Raw silk is a luxurious fibre, lightweight and airy. It wicks away moisture and feels fresh and pleasantly dry. Our sensuous raw silk duvets are the ideal choice if you get hot easily. And if your bedroom is well heated during the winter months then this sensual duvet will have you sleeping deeply and waking up refreshed.



Summer Duvet

Silk keeps you cool. The duvet wicks away moisture but remains fresh and dry to the touch. The cover is made from organic cotton satin. And combined with the silk you have a summer night's dream.



Four Season Duvet

Surround yourself all year with the luxury of raw silk. If you don't like it hot but prefer true luxury, then Siena fits the bill. And with the smooth satin cover made from certified organic cotton you will easily keep your cool.



Winter Duo Duvet

Do you rarely feel cold, even in winter? Then Siena is for you. If you prefer to sleep in a well-heated bedroom or you feel warm too easily then the luxurious Siena duvet is the right choice.

Quilting



COVER

certified organic
cotton satin

QUILTING

Prolana quilting

certified organic
cotton satin

Prolana quilting

certified organic
cotton satin

Prolana quilting

PROLANA *BEDDING*



breathable

robust

suitable for allergy sufferers

More than just cotton

Why is our cotton so special?
Read more on page 26.



*Neem
anti-mite
protection*

All PROLANA bedding products are available with Neem anti-mite protection. For more information go to prolana.com



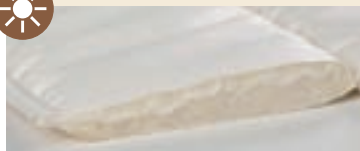


Sound Sleep, Whatever the Season

Under a duvet of pure organic cotton you will sleep comfortably throughout the year. Prolana cotton duvets are an ideal choice for allergy sufferers. They provide a moderate amount of warmth, absorb excess moisture and provide a balanced microclimate for restful sleep.

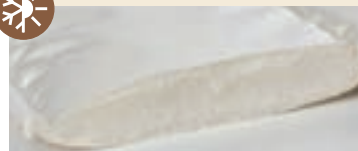


Quilting



Summer Duvet

A light, organic cotton fleece filling will keep you comfortably cool even on hot summer nights. The cover is made from smooth but durable organic cotton percale. Because it's machine washable at 60°, keeping it fresh and clean is easy.



Four Season Duvet

The breathable, organic cotton filling provides a well-balanced sleeping climate all year long. This is an easy-to-care-for, no fuss duvet.



Winter Duo Duvet

If you often feel uncomfortably hot or sleep in a well-heated bedroom, this duvet is for you. For the duo duvet, two separate duvets have been joined together. The air buffer between the two will give you the extra warmth needed in the colder months.

COVER
QUILTING

Certified organic
percale

diamond quilting

Certified organic
percale

diamond quilting

Certified organic
percale

diamond quilting





comfortably warm

wonderfully soft

well-balanced microclimate

i *Additional Information*

For more background information and details on sizes and prices go to prolana.com

„Teramo“

With its special quilting, the duvet will comfortably mould itself to your body while the quilted border ensures there are no cold-air gaps. The silky-soft, organic satin cover enhances that sense of wellbeing.

„Cesena“

This duvet is quilted in generous squares that keep the filling in place and loosely distributed. The soft, organic cotton jersey cover is very elastic and moulds itself perfectly to your body.





Wonderfully Warm and Soft: Organic, Pure New Sheep's Wool

Pure new sheep's wool not only keeps you warm but also absorbs excess moisture, providing a well-balanced microclimate. Because of its surface structure and natural fat coating, wool fibres don't absorb dirt or smells; instead they have self-cleaning properties. Usually it's enough to give wool a good airing to make it smell fresh again and recover its fluffiness and volume. Naturally, we only source our fine, soft wool from certified, organic flocks of sheep.



Summer Duvet

This is the ideal quilted duvet and not just for British summers; you'll be warm but not hot. Choose between a soft, organic cotton jersey cover or a luxurious cotton satin one which feels particularly fresh.



Four Season Duvet

The seasons may change but you won't need to get out a different duvet. Organic, pure new sheep's wool will keep you snug all year round.



Winter Duo Duvet

No matter what the weather's like outside, the duo duvet will keep you feeling cosy and warm. The air cushion between these two separate quilts acts as a barrier against the cold. For more information see prolana.com.



COVER

certified organic cotton
jersey or satin

certified organic cotton
jersey or satin

certified organic cotton
jersey or satin

QUILTING

Prolana or
diamond quilting

Prolana or
diamond quilting

Prolana or
diamond quilting

PROLANA *BEDDING*



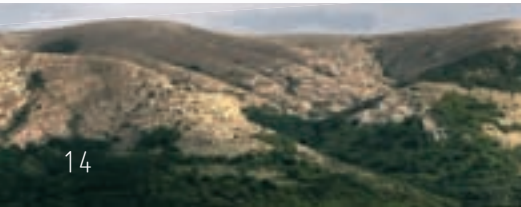
soft

warming

wicks away moisture fast

Did you know ...

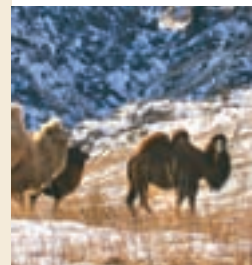
... that camels are not sheared to get camel down? Their coats just need to be combed in spring. An adult camel produces only 5kg of camel down a year. Because this wool is so rare and luxurious pure new sheep's wool is often added. But at Prolana we only use pure camel down.





Sensuous, Sumptuous and Well Tempered – For a Luxurious Sleep Experience

A duvet filling made of this precious fibre has several unsurpassed qualities: no other fibre is able to absorb and wick away moisture as quickly. Camel down is extremely delicate and because of its intense crimp it has fantastic insulating properties. Enjoy one of nature's most lavish inventions and make your bed luxurious and special.



**Neem
anti-mite
protection**

All PROLANA bedding products are available with Neem anti-mite protection. For more information go to prolana.com



Summer Duvet

Precious camel down in a sensuous cotton-satin cover – a sophisticated choice for a hot summer night. Camel down has a fantastic ability to provide an ideal microclimate, keeping you comfortable but not too hot.



Four Season Duvet

Keeping you snug and warm in winter and comfortable but not overheated in summer, a camel down duvet filling is ideal if you feel the cold. Because this filling has the ability to create such an excellent microclimate you will enjoy sleeping under this Sibari duvet all year round.



Winter Duo Duvet

The Sibari winter duvet will keep you snug and warm in the cold months of the year. Two single duvets have been combined to make a duo-duvet (for details see prolana.com). Even if you normally dread the cold, this duvet will keep you so cosy and warm that waiting for spring might actually be enjoyable.

COVER
QUILTING

certified organic
cotton satin

.....
Prolana quilting

certified organic
cotton satin

.....
Prolana quilting

certified organic
cotton satin

.....
Prolana quilting





light-weight

snugly

wonderfully warming

Did you know ...

... that yak wool is a natural material with one of the best insulating qualities. It needs to be because most yaks live on the high plateaus of the Himalayas and have to brave severe winter storms and lots of snow. Their lightweight and soft undercoat does a very good job at keeping them warm.





Lightweight, Soft and Wonderfully Warm

Yaks have a thick coat that protects them from bitterly cold, harsh winds. The hair underneath is really soft and fine. It's also very curly which traps a lot of air to retain warmth. That's why a duvet with yak-down filling envelops your body with warmth while still remaining airy and light.



Summer Duvet

The excellent temperature-balancing qualities of yak down will create the right microclimate for deep and relaxing sleep even during the warmer months of the year. You'll love it even if you feel the slightest of evening chills.



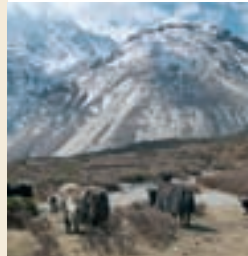
Four Season Duvet

You'll be comfortable and cosy all year round. If you easily feel the cold a duvet with luxurious yak down filling is ideal for you. Yak down has fantastic temperature-regulating properties ensuring the duvet feels just right all year round.



Winter Duo Duvet

If you are the first to huddle over the radiator craving warmth but hate the weight of heavy blankets, then this winter duvet will have you longing for the cold winter nights. The warmth is increased using double duvets. (See pages 10 and 11.)



Quilting



i Additional Information

For more background information and details on sizes and prices go to prolana.com

COVER
QUILTING

certified organic
cotton batiste

Prolana quilting

certified organic
cotton batiste

Prolana quilting

certified organic
cotton batiste

Prolana quilting



Clever combined

Use your duvets separately or make them into a winter one by tying the ribbons attached: you'll be snug, whatever the weather.



Customised Combination Duvets: Supremely Tucked in All Year Round

You can customise Prolana duvets to suit your individual needs throughout the year. Take your favourite duvets, tie the ribbons attached and what you get is a wonderfully warm winter duvet. Use your duvets separately or combined and you'll be snug, whatever the weather. There are plenty of combinations to choose from and one will be perfect for you.



Customer favourites – some of the most popular PROLANA combinations:

„Siena & TeramO“

With this combination you will be as comfortable on hot summer nights as during a particularly severe, cold spell in January. In summer you'll keep cool with Siena, made from 100% raw silk. In spring and autumn you'll be snug under the Teramo duvet with its filling of certified organic new sheep's wool. And once you tie the two together you're set for even the coldest of winters.

„Siena & Sibari“

Two precious duvets that complement each other and serve you all year round. The cool luxury of the raw silk duvet Siena will be the right choice in summer. In spring and autumn the delicate camel down in Sibari will show its strength; it's breathable but very warm. Together they will keep you cosy and snug even on the coldest winter nights.

„Sibari & Sibari“

You can never have too much of a good thing! Two camel down duvets combined into one will keep you warm even on a bitterly cold night. The thicker of the two will serve you well in spring and autumn while the thin one will be ideal in summer.

You choose from a summer to a four-season duvet from the wide range we offer. We make the duvets, sewing on ribbons so that you can tie up your dream duvet.

INTIMACY

Little gets as close to you as your pillow. You rest your head on it, scrunch it up to support you while you're reading or you may even bury your face in it while you sleep. That's why it's so important that we only choose 100% natural fibres with soft and sensual properties. All the materials we use are of the highest quality to ensure your comfort as you lie in bed, sleeping and dreaming. Let nature (and us) help you (taken out ,to') sleep well and wake up rested and refreshed.

What makes these materials special?

cotton fleece:

washable, fairly firm



pure new sheep's wool/ balls:

soft, good microclimate



camel down fleece:

very soft, excellent microclimate



natural latex mould pillow:

elastic and provides support



natural latex flakes

elastic and flexible

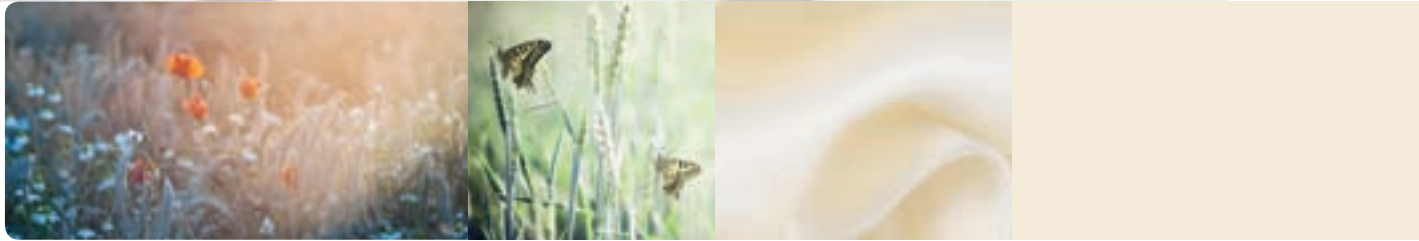


spelt and millet spelt:

flexible, firm support



A pillow needs to support your head so that your neck muscles and spine can relax. If your neck is stretched or bent you would waken feeling stiff and tense. And a pillow must adapt to your individual needs. Do you scrunch it up? Do you hug it half the night or does it have to support you whichever way you are lying? Do you get uncomfortably hot or can your pillow not offer enough warmth? Prolana offers you a wide choice from a large range of different filling materials. Have a look at what's on offer.



Sense and sensibility ...
... or how to choose the perfect pillow.

PROLANA PILLOWS



Sheep's Wool Balls



Millet Spelt



Spelt



Natural latex flake pillow

It supports your head and neck perfectly and adapts to your every move. It's easy to fluff up the latex flakes and mould the pillow into shape. The cover is quilted with pure new sheep's wool which wicks away excess moisture. You can adjust the amount of filling to suit your needs. Cover: quilted, certified organic cotton and cotton fleece, Filling: natural latex flakes



Pillow refill pack:

500g packs for refills or exchange



Spelt cushion

Comfortable support for your head and the nape of your neck. Sturdy and with a high degree of elasticity, spelt gently massages your skin and stimulates circulation. The cushion stores heat well. It has a Velcro fastener and the quantity of the filling can be adjusted to suit your individual needs. Cover: Certified organic cotton, Filling: Spelt

Millet cushion

It's flexible and gives good support. Millet is round and smooth and adapts to even the tiniest movement. You can adjust the amount of filling to suit your needs. Cover: Certified organic cotton Filling: Certified organic millet spelt

The Perfect Pillow – Every Time

Whether you use it for pillow talk, a pillow fight or just to rest your head on, your pillow should have a filling and a finish that suits your needs. Do you scrunch it up? Do you like small ones or prefer really big, fluffy ones? At Prolana you'll find what you're looking for.



Pure new sheep's wool pillow

It's soft, flexible and has plenty of volume. It shapes just the way you want it and wicks away excess moisture.

Cover: Certified organic cotton satin or cotton jersey, Filling: Certified organic pure new sheep's wool balls or fleece



Quilted cotton pillow

This soft pillow is relatively flat and therefore ideal if you sleep on your tummy. With its easily washable quilted cotton cover, it's ideal for allergy sufferers.

Cover: Certified organic cotton percale quilted with cotton fleece or pure new sheep's wool balls (kbT)

Quilted pure new wool pillow

Because of its quilted cover this pillow gives you additional support. You can adjust the amount of filling to your individual needs. Good temperature-balancing qualities.

Cover: Certified organic cotton satin or cotton jersey, quilted with pure new wool fleece, Filling: Certified organic pure new sheep's wool balls

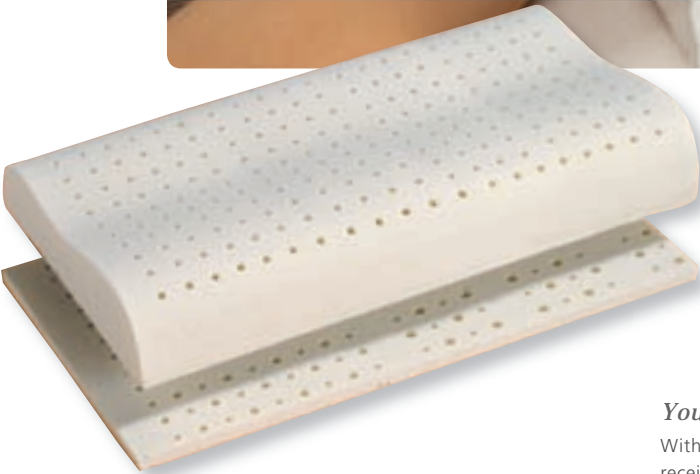


Camel down quilted pillow

The filling will give you good support. The camel down quilted cover creates an ideal microclimate for restful sleep. You can adjust the amount of filling to suit your individual needs.

Cover: Certified organic cotton satin quilted with camel down, Filling: Certified organic pure new sheep's wool balls

PROLANA PILLOWS



spot elasticity

variable height



You choose the height

With your Vario pillow you'll receive an additional sheet of natural latex so that you can vary the height of the pillow to ensure your head and neck are really comfortable.

Neck-support Pillow „Vario“

You choose the height. With your Vario pillow you'll receive an additional sheet of natural latex so that you can vary the height of the pillow to ensure your head and neck are really comfortable.

FILLING natural latex
COVER certified organic cotton
double jersey



Pillows For a Perfect Neck-line

A good night's sleep gives the new day a head start. Good support for your head and neck can make all the difference. If you like an elastic pillow which gives strong support then one made from natural latex would be ideal. Rest your head and neck on a pillow that's perfect for you and the tension of the day will fade away.



Neck Mould pillow

It's got curves that vary in height. You choose where your neck rests most comfortably.

FILLING natural latex
COVER certified organic cotton
double jersey

Special Neck Support Pillow

The specially formed neck area lets your head rest with ease. The cover is made from certified organic cotton satin and filled with certified organic, pure new sheep's wool balls. You adjust the filling to suit. Size: 40 x 80 cm





FAIR TRADE COTTON AND GANDHI'S LEGACY

India is the world's largest producer of organic cotton. The farmers that Prolana works with would like to keep it that way. Prices for organic cotton are higher than those for conventionally-grown cotton and the Fair Trade premium gives the farmers some additional security. But Indian farmers are already facing problems trying to buy sufficient organic cotton seed. Multinational agrochemical companies dominate the market and sell, almost exclusively, GM cotton seed. Prolana only buys fairly traded cotton and that helps farmers to withstand the pressures of the agrochemical industry. And with Prolana you are touching upon one of Mahatma Gandhi's main concerns: it was less than a hundred years ago that he sat behind his spinning wheel at times behind bars.



A PREMIUM FOR FARMERS AND MORE WORK FOR EMPLOYEES IN THE INDIAN TEXTILE INDUSTRY



FAIR TRADE NOT ONLY HELPS CLEVER FARMERS ...

but also smart kids in the Indian state of Orissa. Organic cotton farmers in Orissa decided to use part of the Fair Trade premium to sponsor bright children in the region. In 2012, 700 kids in two age groups sat a test set by the farmers which naturally included questions about growing cotton. The prize money could only be used for education-related purposes, like books or tutorials. One of the winners was ten-year old Shuhashree Suna. She lives with her parents in Singpali village. A Prolana staff member happened to be in Orissa the day the awards were handed out and that's why Shuhashree didn't just get a prize; she got Prolana's Bo



SQUEAKY CLEAN WITH THE FAIR TRADE PREMIUM

The Fair Trade premium is not charity and that's why the recipients, in this case organic cotton farmers in Orissa, decided for themselves how the money was to be spent. In the village of Chirtramunda, it paid for the construction of three broad steps which now provide easy access to the communal water reservoir. It's now much easier to have a bath and even doing the laundry has become less of a struggle. One of the winners of the Gifted Children contest also lives in Chitramunda: Soumir is 11 and wants to become a maths teacher.



FAIR TRADE ON LEGS IN GUJARAT

In the Indian state of Gujarat more than 2000 cotton farmers with small-holdings have formed the Suminter cotton project. The soil in the south-eastern part of the state is not very fertile and there is only one really good remedy, manure. But to get that, you need to own a cow. Well, bulls are welcome too, at least if they are willing to draw a plough or a cart. Almost none of the farmers owns a tractor. The farmers in the Suminter cotton project used the additional Fair Trade income to buy seven cows for seven families. The only condition was that the first born calf had to be given to another family within the project free of charge, who in turn would give the first born calf ... a win-win situation for all concerned: happy cows, milk for the families, lots of manure and healthy organic cotton plants.



For Prolana, dealing with producers and suppliers on a fair basis is as important as protecting the environment by buying organic. When sourcing cotton we buy, wherever technically possible, cotton produce from farmers and processors who are certified by the international Fairtrade label organization FLO. This means that the farmers have received a Fair Trade premium for their organic cotton and that all subsequent processing units are regularly monitored with regard to social minimum standards (such as no child labour or minimum wages).





For Prolana, dealing with producers and suppliers on a fair basis is as important as protecting the environment. The rubber used for Prolana's products is certified by the Forest Stewardship Council (FSC) as a non-timber forest product. Furthermore, Prolana pays a Fair Trade premium to the rubber tappers of 50 Eurocents for each kilo of rubber sourced. Prolana is the world's largest buyer of Fairly Traded rubber and a founding member of the Fair Rubber Association. This association, registered as an 'e.V.' in Germany, monitors the payment of Fair Trade premiums and their usage, in line with Fair Trade criteria.





WHILE YOU HAVE A GOOD NIGHT'S SLEEP, MATHARA GETS DECENT LIGHT TO DO HER HOMEWORK

Prolana mattresses have such elasticity because only natural latex is used to produce them. The white latex milk collected by the rubber tappers during the cool, early hours of the morning, is a sought-after and expensive commodity. Not that the workers on a rubber plantation would notice; wage levels are low. Prolana therefore cooperates with the Fair Rubber Association and pays a Fair Trade premium for every kilo of natural latex. To date, this has been more than 100,000 Euros. A Fair Trade premium is not charity which is why the workers themselves on a rubber estate decide how the Fair Trade money is to be spent. Circumstances for rubber tappers in India and Sri Lanka may be different but their aims in life are the same as ours: to provide education and a safe future for their children and to grow old without financial worries.



HOW YOUR PROLANA HOT WATER BOTTLE HELP KIDS TO LEARN AND HOW YOUR MATTRESS PAYS TOWARDS A PENSION



MS VIJARARATNAM

ELECTRICITY SUPPLY FOR MATHARA'S HOME ...

... AND THAT OF 51 OTHER FAMILIES ON THE HORANA PLANTATION IN SRI LANKA

Mathara's mother, Kumari, and her father, Vijaratnam, started working as rubber tappers in 1995. Together with five other families they live in a simple, whitewashed building right on the plantation. Each family has two rooms with a small kitchen and a veranda at the front. Ten year old Mathara Dulanjali would like to become a teacher. Darkness comes early and rather suddenly in the tropics but these days Mathara can do her homework in the evening. The Fair Trade premium has paid for the homes of 52 families on the plantation to be connected to the grid.



MR BABU

AN ADDITIONAL PENSION FOR MR BABU...

... AND 185 OTHER RUBBER TAPPERS ON THE NEW AMBADI RUBBER PLANTATION IN INDIA

Since he retired, Mr Babu has a lie-in; he now gets up at 6am rather than 4am as he did when he was tapping rubber. He has quite a few health issues but he's got a small additional pension thanks to Fair Trade; the extra money eases his financial worries.

India's economic opening in the 1990s has played havoc with old-style family structures. Many children don't follow in their parents' footsteps but leave the plantations to study and seek employment elsewhere. Distances in India are huge and many parents now end up having to fend for themselves in old age. The additional pension financed through the Fair Trade premium is the first such pension scheme in the Indian rubber industry.



MR SHADOLASIVAN

SAIJITHRA'S WEDDING....

... AND HOW THE FAIR TRADE PREMIUM HELPED TO KEEP A SMILE ON THE FACE OF THE FATHER OF THE BRIDE

V.J. Shadolasivan works in the latex centrifuge plant on the New Ambadi rubber estate in India. He's proud that his daughter successfully graduated from high school and he's happy because he could pay for Saijithra's wedding without putting the whole family into debt for years to come. A factory worker like Mr Shadolasivan can usually only borrow from the local moneylender who charges an interest rate that makes it almost impossible for the debtor to ever pay back the loan. The members of the joint body who manage the Fair Trade fund, rubber tappers and workers like Mr Shadolasivan know about the methods of the moneylenders. They have authorized a small credit for Mr Shadolasivan at an interest rate that will make it possible for him to repay it in full.

REJUVENATE

A good mattress is the starting point for deep, restful sleep. But what feels great to you may not be perfect for your partner. Choosing the right mattress is a very personal decision and one that merits some consideration. How firm should your mattress be? What sleeping habit should it match? PROLANA has been making high quality mattresses for more than 25 years. We produce a wide variety of mattresses, each with a different combination of characteristics to match your personal sleep requirements. We are certain that there is one that feels just right for you. And whichever you choose, one thing is for certain: your mattress will be hand-made from only natural materials. So have yourself a good night.

PROLANA Guarantees

certified organic cotton:
good microclimate, breathable



certified organic pure new sheep's wool:
good microclimate, breathable



natural latex:
high spot elasticity and flexibility



rubberised coco fibre:
spot/zone elasticity, very flexible

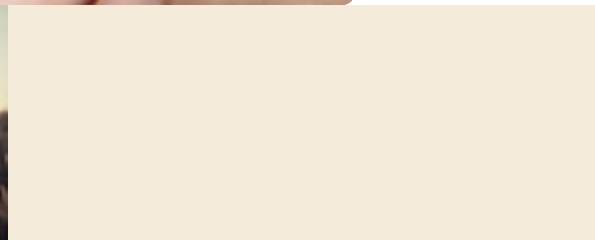


horsehair:
stabilizing



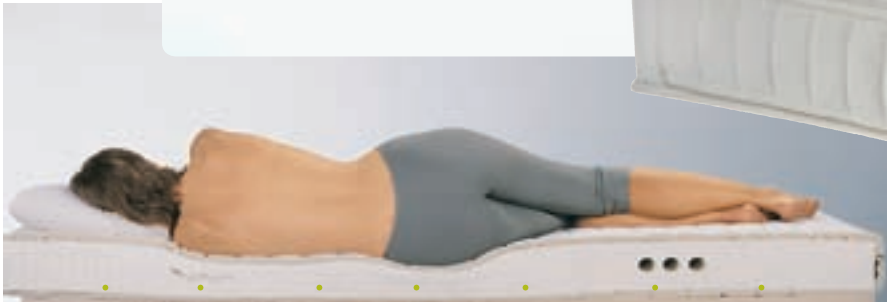
PROLANA mattresses are produced in accordance with the criteria of the 'Quality Association for Environmentally Agreeable Latex Mattresses' (QUL). The materials we use are regularly tested by an independent laboratory; they're certified to be free of toxic residues and environmentally friendly. It's important to us that everyone involved in the production of a Prolana product, including the farmers and rubber tappers who produce our raw materials, get a fair pay. Fair trade and fair production are at the heart of what we do. All rubber and latex we use has been sourced in accordance with the criteria of the Fair Rubber Association. We only use rubber from FSC-certified plantations. For more information see page 29 to 31.





Lie back, relax and sleep deeply –
indulge in a perfect mattress made for sweet dreams

PROLANA MATTRESSES



Spot elasticity
pure natural latex
mattresses have a
high spot elasticity

Head to toe comfort

With our mattresses we aim to have your spine aligned orthopaedically correctly - straight when you lie on your side, in an S-curve when you lie on your back. That way pressure is taken off the discs in your spine, your back muscles can relax and blood circulation ist increased.To achieve this, finely calibrated zones allow your body to sink into the natural latex core to just the right extent. Horizontal channels have been worked into the shoulder zone to make it easier to sink in even deeper.



SLEEPLINE 1 & 2 NATURAL LATEX



SleepLine 1 and 2: Ideal if you sleep on your side

The mattresses 1 and 2 from our SleepLine series are made from natural latex and have a number of zones of varying density. Natural latex has the unique quality of yielding only where pressure is applied. As you turn during sleep the mattress gives where your body weight shifts while returning to its original form everywhere else. This quality of natural latex is called spot elasticity. This type of mattress moulds itself to your body. While it gives gentle support, your muscles and your spine are able to relax.



jersey or drill quilted



drill cover



SleepLine 1

Natural latex mattress with different density zones. Gently supports your body while your spine and muscles relax.

SleepLine 2

This mattress has a firmer natural latex core than SleepLine 1. It's ideal if you normally sleep on your side and prefer a firmer mattress with high spot elasticity and flexibility.

Fair Rubber

Fair Trade criteria also apply to the natural latex we use. You'll find more information on Fair Rubber on pages 29 to 31.

DEGREE OF FIRMNESS
BODY WEIGHT
MATTRESS CORE
HEIGHT OF MATTRESS
COVER

soft: ●●●●●

up to 85 kg

15 cm latex zone core

approx. 16 cm

jersey or drill quilted or
drill cover with topper

soft to medium: ●●●●●

up to 90 kg

15 cm latex zone core

approx. 16 cm

jersey or drill quilted or
drill cover with topper

PROLANA *MATTRESSES*



Zone elasticity

Mattresses made from natural latex and rubberised coco fibre have zone elasticity. The top layer of spot elastic natural latex moulds itself to your body, the inner layer of resilient and elastic rubberised coco fibre gives support. The pressure of the body weight is evenly distributed.



What's rubberized coco latex?

Coco coir comes from the husk of the coconut. For the Prolana mattresses natural latex milk is used to shape the coco coir into a layer. Coco coir has insulating and moisture-regulating properties and is also resistant to fungi and bacteria.



SLEEPLINE 3 & 4 RUBBERIZED COCO COIR



SleepLine 3 und 4: Ideal if you like to sleep on your tummy or back

If you normally sleep on your tummy or back, you will probably like your mattress to be quite firm. And that's what SleepLine 3 and 4 will give you. This premium mattress is made from natural latex but a layer of natural coco coir has been inserted for additional firmness. This gives you just the right combination of stability and flexibility to sleep deeply and wake up well rested.

Cover

choose between soft elastic quilted jersey and firm organic cotton drill, quilted with organic pure new sheep's wool.



Fair Rubber

Fair Trade criteria also apply to the natural latex we use. You'll find more information on Fair Rubber on pages 29 to 31.



SleepLine 3

It has great elasticity on the surface but feels firm. Those sleeping on their tummy or back love the surface elasticity of this natural latex mattress with its core of rubberized coco coir.



SleepLine 4

A firm mattress with numerous layers of natural latex, rubberized coco latex, horsehair and certified organic cotton.

jersey or drill quilted



DEGREE OF FIRMNESS
BODY WEIGHT
MATTRESS CORE

medium to firm: ●●●●●

up to 95 kg

2 x 5 cm natural latex
1 x 5 cm rubberised coco fibre

HEIGHT OF MATTRESS
COVER

approx. 16 cm

jersey or drill quilted

firm: ●●●●●

up to 95 kg

2 x 1,25 cm organic cotton
2 x 1 cm horsehair
2 x 4 cm natural latex
1 x 2,5 cm rubberised coco fibre

approx. 16 cm

jersey or drill quilted



The benefits of SleepLine Two in One

- **Twin bed comfort**
You and your partner get the mattress that's ideally suited to your body and your sleeping habits.
- **Double bed bliss**
Two mattresses feel like one - no need to mind the gap.
- **No more wobbles**
You turn if you want to and your partner will hardly notice.
- **And one less worry if you are moving ...**
... transporting two individual mattresses is a lot easier than one big one.

Choose individual ...

Combine any two SleepLine mattresses – the choice is yours:



SleepLine1:

A soft mattress, perfect if you sleep on your side.



SleepLine 2 :

A little firmer than SleepLine one, ideal if you sleep on your side.



SleepLine 3:

Feels medium firm, ideal if you sleep on your tummy or back.



SleepLine 4:

Feels firm, perfect if you sleep on your tummy or back.





SleepLine Two in One: Two mattresses and a joint feeling of bliss

Body shapes differ, as do sleeping habits. While you may prefer to sleep on your side, your partner might only feel comfortable on his/her tummy. You may like a firm feel, whereas your partner may prefer a softer mattress. Twin beds are, of course, an option but what if you love to be side by side in one big bed with a mattress that's perfect for both of you? Choose SleepLine Two in One. The four different SleepLine mattress models have the same thickness so that you can combine any two in one cover.

...and both mattress cores fit into one joint cover.

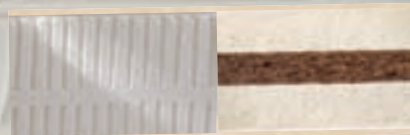
Oliver chooses SleepLine 2:

He usually sleeps on his side and loves the softness of the shoulder zone while the rest of the mattress feels quite firm. His arm doesn't get numb anymore and that's why Oliver can sleep right through until morning.



Lily chooses SleepLine 3:

She sleeps on her back and likes the firm feel of the mattress. Hips and shoulders sink in slightly, her spine is well supported and her back muscles can relax.



Two in One cover:

Any two SleepLine mattresses in the Prolana Two in One cover feel like one mattress for a double bed – no gap in the middle!

jersey or drill quilted



drill cover





Spot elasticity

Because of its high spot elasticity the mattress moulds itself to your body and you maintain an ideal position so that the vertebrae and back muscles can relax.



Samar Comfort

Pure natural latex. You'll soon know what spot elasticity is all about!

Samar Premium

The thicker natural latex core is ideal if you prefer a firmer feel from your mattress.

COVER
DEGREE OF FIRMNESS
BODY WEIGHT
MATTRESS CORE
HEIGHT OF MATTRESS
DEGREE OF FIRMNESS

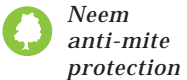
drill or drill quilted
soft ●●●●●
up to 70 kg
12 cm natural latex
approx. 12/13 cm
weich, mittel, fest

drill or drill quilted
soft to medium ●●●●●
up to 80 kg
15 cm natural latex
approx. 15/16 cm
weich, mittel, fest



Spot Elasticity ... Or What Makes Natural Latex So Special

Natural latex yields only where direct pressure is applied. This spot elasticity is unique in any natural material. A mattress core made from pure natural latex is ideal for you if you like a softer feel or sleep on your side. Your back will appreciate it and you'll sleep soundly.



All PROLANA bedding products are available with Neem anti-mite protection. For more information go to prolana.com



Samar Comfort Plus

A natural latex core with a breathable cover.

Samar Premium Plus

Perfect if you are a little heavier. Breathable cover.

COVER
drill
.....
DEGREE OF FIRMNESS
soft to medium
.....
BODY WEIGHT
up to 80 kg
.....
MATTRESS CORE
12 cm natural latex, covered
with certified organic pure
new sheep's wool fleece or
certified organic cotton fleece
.....
HEIGHT OF MATTRESS
approx. 14 cm
.....
DEGREE OF FIRMNESS
soft, medium, firm

drill
.....
soft to medium
.....
up to 90 kg
.....
15 cm natural latex, covered
with certified organic pure
new sheep's wool fleece or
certified organic cotton fleece
.....
approx. 17 cm
.....
soft, medium, firm

PROLANA MATTRESSES



Zone elasticity

Mattresses made from natural latex and rubberised coco fibre have zone elasticity. The top layer of spot elastic natural latex moulds itself to your body, the inner layer of resilient and elastic rubberised coco fibre gives support. The pressure of the body weight is evenly distributed.



Fair Rubber

Fair Trade criteria also apply to the natural latex we use. You'll find more information on Fair Rubber on pages 29 to 31.



Mix and Match for Firmer Support

You may not see a strong core but you will definitely feel it. Pure natural latex, rubberized coco coir, skilfully combined with other natural materials like pure new sheep's wool and cotton, are the secret of these mattresses. Firm, soft or somewhere in-between, Prolana has the perfect mattress for you. Spend the night together and you'll know.



Barbados Plus

Robust mattress. Feels medium firm to firm.

COVER drill or drill quilting

DEGREE OF FIRMNESS medium to firm ●●●●●

BODY WEIGHT up to 110 kg

MATTRESS CORE 3 x 2,5 cm natural latex

2 x 2,5 cm rubberised coco fibre

COVER CORE certified organic cotton fleece or
certified organic pure new sheep's
wool fleece

HEIGHT OF MATTRESS approx. 15 cm



Cocoa Plus

The ideal mattress if you like firm support.

COVER drill or drill quilting

DEGREE OF FIRMNESS medium ●●●●●

BODY WEIGHT up to 85 kg

MATTRESS CORE 2 x 5 cm natural latex

1 x 2 cm rubberised coco fibre

COVER CORE certified organic cotton fleece or
certified organic pure new sheep's
wool fleece

HEIGHT OF MATTRESS approx. 15 cm



Costa Rica Plus

It has a soft side and a firm one: turn the mattress, try the other side and choose.

COVER drill or drill quilting

DEGREE OF FIRMNESS medium to firm ●●●●●

BODY WEIGHT up to 80 kg

MATTRESS CORE 6 cm natural latex

5 cm rubberised coco fibre

COVER CORE certified organic cotton fleece or
certified organic pure new sheep's
wool fleece

HEIGHT OF MATTRESS approx. 13 cm

Drellstepp



Drell-Bezug



PROLANA *Mattress Toppers*



Protecting your mattress



Quilted in a diamond design which keeps the filling evenly distributed

A better microclimate for even better sleep

Elastic tape-fasteners ensure the topper stays securely on the mattress




Mattress cover

Protects your mattress. This robust mattress cover is made from densely needled, organic pure new wool and prevents friction between the mattress and the slatted frame.



Mattress Toppers: Even Better Sleep, Thanks to a Perfect Microclimate

Mattress toppers are those unseen aids that make your bed even more comfortable. A mattress topper enhances the microclimate and balances moisture content. Our high quality, all-natural fibre and wool products help you preserve warmth in winter and keep cool and dry in summer because excess moisture is absorbed. The topper will also protect your mattress.

 **Neem
anti-mite
protection**

All PROLANA bedding products are available with Neem anti-mite protection. For more information go to prolana.com



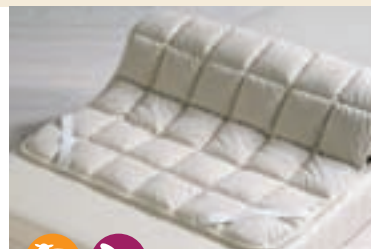
Topper Firenze

The ideal topper for the summer months. The light, organic cotton filling absorbs excess moisture and provides a comfortable and dry microclimate. Machine-washable and suitable for allergy sufferers.



Topper Cesena

This mattress topper, made with a certified organic, pure new sheep's wool filling, is not just supple, it also provides constant warmth. Depending on how much warmth you crave, you can have Cesena with a larger or smaller amount of filling.



Two-sided topper Padua

One topper, two sides, comfort all year long. One side of the smooth, organic cotton satin cover is filled with luxurious wild silk which will keep you feeling cool and fresh in summer. The other side has a soft, organic cotton jersey cover filled with cosy organic, pure new sheep's wool which is perfect for colder nights.

elastic tape edging



elastic fasteners



PROLANA *BEDS*



Nature and Design

Your bed: A space of your own to relax, to regain energy, a very special retreat. Our beds are made from solid wood and combine traditional craftsmanship with modern processing technology and design. We only use natural materials. Wood from European tree species is treated with nothing more than natural oils and waxes. Prolana beds are made to last you a life time.



with high quality
finger joints

beech

Bed TORO

With its legs set back “Toro” is a bed with strong lines and sparse aesthetics. The finger joints use no metal. It's available in beech wood, cherry or walnut. The backrests are made of wood. A convenient addition is the hook on bedside tables.

Kind of wood:

beech

cherrywood

walnut

PROLANA *BEDS*



Bed PIANO, solid wood

The continuous backrest makes the quality and fine texture of the wood stand out. You can choose from cherry wood with its slightly irregular, vivid grain, darker walnut wood or light beech wood with a fine, regular grain. Add the side tables and this bed will take centre stage in your bedroom.



Kind of wood:

beech

cherrywood

walnut

Bed PIANO classic

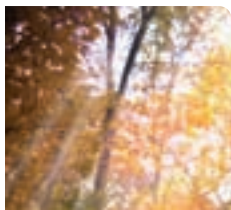
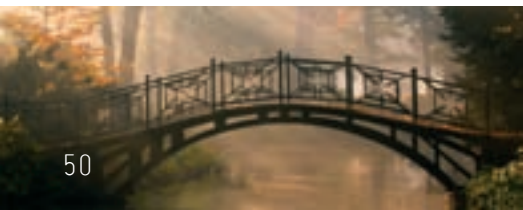
Simply an elegant bed. The delicate lattice work in the backrest mirrors the subtle curve of the bed's legs and gives this high quality bed effortless grace. The bedside tables are a stylish and practical addition.





Bed PIANO

We have created different styles of backrests for this bed so that you can fashion PIANO in any way that takes your fancy. To see the different options go to: www.prolana.com





Bed LOGO

This bed is made of solid wood and has no metal parts. The beautifully cut wooden side boards are joined by simply sliding them together until the u-shaped cuts interlock with the bed's feet. This makes the connections at the four corners of "Logo" particularly resilient. A variation of cuts, showing off different angles of grain in the wood, displays the pleasing proportions of the bed's feet.



Relaxation cushion

Filled with lightweight, organic spelt husk you can shape it any way you please to rest your head, arms or legs in comfort ... Feel your muscles relax, your spine extend, your joints ease. The filling adapts to your body while giving good support. The ticking has a velcro fastening that lets you easily adjust the quantity of the filling. Refill pack see page 22

Cover: certified organic cotton jersey,
Machine washable, Size: Ø 20 x 130 cm /
20 x 190 cm



Half-moon cushion

A useful prop either for your yoga practice or simply to sit on. The half-moon cushion, filled with organic spelt husk, is flexible while giving good support. The spelt also has a gentle massaging effect. The cotton ticking has a velcro fastening, letting you easily adjust the quantity of the filling for a softer or firmer feel. Outer cover: organic, half Panama cotton.

Seat and meditation cushion

Relax with it, meditate or rest your feet on it, prop your back up or let the kids use it to sit on. This seat and meditation cushion, filled with organic spelt husk, is flexible while giving good support. The spelt husk also has a gentle massaging effect. Outer cover: organic half-Panama cotton, Size: 35 x 15 cm / 40 x 25 cm



Your space – relax and revitalize

Made only from natural materials, Prolana mats have become something of an insider's secret and not just among yoga aficionados. The more you use your yoga mats and cushions the more you'll appreciate that they have been produced to the highest standards. Their perfect finish and timeless design might well have you using our cushions and mats for more than purely yoga practice and meditation. Get in the mood, relax and enjoy it.

Covers

Choose your
favourite colour:

cream

anthracite

terracotta



Futon mat

An excellent base for relaxation. The mat has a 4 cm strong core made from organic cotton fleece. The durable cover, made from organic half-Panama cotton, can be removed and is washable. The mat is easy to store - just roll and tie it up after practice.

Size: 80 x 80 cm / 80 x 200 cm



Yoga mat

An excellent base for yoga practice and meditation. The lower side is made from 100% durable, organic cotton, half Panama while the upper side has a layer of soft, organic lamb's wool tuft (100% pure new sheep's wool). This lightweight mat is ideal for yoga, meditation and other exercises and its insulating properties protect you, even on a cold floor. Size: 70 x 190cm



Couch cushions

A cushion to snuggle up to in your favourite corner. The filling of fluffy, soft, organic pure new sheep's wool fleece is wrapped in a layer of organic cotton. The removable outer cover is made from organic half-Panama cotton and is machine-washable. Size: 40 x 40 cm / 50 x 50 cm



Cross the Ts in more comfort

Sometimes it's the small things that can make everyday life just that little bit better. A lovely new cushion for your favourite chair, comfortable seat cushions that encourage everyone to stay on for another cup of tea and a chat or a wedge cushion for the office chair that keeps you from slouching in front of the computer. As with our other products we use only natural materials and deliver the best quality with a high-class



Wedge Cushion

It helps you sit comfortably in an ergonomically correct way. The wedge cushion takes pressure off your spine with a firm core made from rubberized coco coir and a top layer of organic, pure new sheep's wool. The removable cover is made from organic, half-Panama cotton and is machine- washable. Size: 35 x 40 cm



Seat Cushions

At work, at home or outdoors, the seat cushion, made from densely needled organic, pure new sheep's wool, is comfortable and warm to sit on. The removable cover is made from organic, half-Panama cotton and can be washed. The ribbons on the side of the cushion give you the option of fastening it to the back of your seat. Size: 35 x 35 cm

Covers

Choose your
favourite colour:

cream

anthracite

terracotta

TENDERNESS

The little darlings may not always be on their best behaviour but often that's when some TLC is needed most: love, tenderness and warmth, a cuddle, a bed time story and a goodnight kiss all play their role. Making sure your child can sleep deeply and blissfully in bedding made from all-natural fibres is an important part of it too. After a good night's sleep children are ready to enjoy the day and you know you've done the best for them and their long-term development.

From day one, simply the best

Off to bed! That's not so bad if you feel comfortably snug and secure there. Depending on how warm your child likes to be, choose between cotton and pure new sheep's wool. Natural fibres have excellent temperature-balancing properties, keeping your child comfortably snug the whole night long. All materials we use are regularly tested by independent laboratories for any residual, harmful substances. 100% of the cotton we use is certified organic and the pure new wool comes, with very few exceptions, from animals raised to certified organic standards.





Deep, blissful sleep –
a gift for your child's future



All year duvet LENA

Wrapped up in a soft, fresh quilted duvet made from certified organic cotton will have your little one sleeping well whatever the season.

filling: certified organic cotton fleece
cover: organic diamond quilted percale

Baby Pillow LENA

Nothing but organic cotton for your baby. The organic cotton percale cover is quilted with organic cotton fleece. The rim of this fairly flat pillow is raised on three sides, so that your baby's head can rest gently and safely.

filling: certified organic cotton fleece
cover: certified organic percale





Organic cotton – for your child's comfort through the night

Pure, certified organic cotton is an excellent material for babies' cots and children's beds. It's breathable, robust, easy to care for and feels soft on the skin. Cotton is the ideal choice for summer or if your child doesn't like to be too warm at night. All our cotton bedding is machine washable and particularly suitable if your child suffers from allergies.



Mattress-topper LENA

The smooth and organic cotton percale cover is quilted with organic cotton fleece which feels really fresh. It absorbs excess moisture and provides healthy and comfortable conditions for a restful sleep. The mattress-topper is washable. Elastic tape fasteners ensure that the topper sits securely on the mattress.

filling: certified organic cotton fleece
cover: certified organic percale



Mattress-topper FELIX

This mattress-topper is made from organic cotton plush and you can use it like a fitted sheet; it's that easy to wash and change. An elastic tape has been stitched into the border of the organic cotton jersey cover to ensure that the topper sits securely on the mattress.

material: certified organic cotton plush



Quilted pillow MIRA

The pillow is soft and gives gentle support. The smooth, organic cotton jersey cover is quilted with organic, pure new sheep's wool and filled with fluffy, organic, pure new sheep's wool balls. The amount of filling can be adjusted to suit your child's needs.

filling: certified organic pure new sheep's wool balls
cover: certified organic cotton jersey

Pillow MIRA

The pillow is soft and gives gentle support. The smooth, organic cotton jersey cover is filled with organic, pure new sheep's wool.

filling: certified organic cotton fleece
cover: certified organic cotton jersey

Quilted duvet MIRA

This soft children's duvet will feel comfortable throughout the seasons. Smooth, organic cotton jersey is quilted with pure new sheep's wool fleece. Mira is available as a summer or all-year duvet.

filling: certified organic pure new sheep's wool
cover: organic cotton jersey with diamond quilting

Lamb Tuft Duvet JULIUS

This versatile, light duvet doubles up nicely as a snug comfort blanket. Pure lamb tuft (100% pure new wool) keeps your child warm and feels beautifully soft on the skin.

material: lamb tuft
(100% pure new sheep's wool)

Mattress-topper MIRA

This topper is wonderfully soft and because of the temperature balancing properties of organic sheep's wool your child will experience comfortable and continuous warmth. Elastic tape fasteners ensure that the topper sits securely on the mattress.

filling: certified organic pure new sheep's wool fleece
cover: certified organic cotton jersey



Pillow Mira und Mattress-topper Mira getauscht. OK?



Deep Sleep, Sweet Dreams ...

Undisturbed, deep sleep – and lots of it – is very important for babies and children. Many developmental processes are consolidated during the sleep phase making sleep essential for growing up healthy. Pure new sheep's wool has excellent temperature-balancing qualities and creates an ideal microclimate for your child's sleep. Due to its natural fat coating, wool fibres have self-cleaning properties. Usually it's enough to give wool a good airing to make it smell fresh again and recover its fluffiness and volume.

Quilted duvet BOBO

A wonderfully soft, organic, pure new sheep's wool fleece keeps your child warm and balances the temperature. Depending on the amount of filling, the duvet is just right for summer or it will keep your child snug and warm all year round.

filling: certified organic pure new sheep's wool

cover: certified organic cotton percale with BOBO quilting

Baby Pillow BOBO

The first ever pillow for your baby. The rim of the pillow is slightly raised on three sides so that baby's head rests gently and safely.

filling: certified organic pure new sheep's wool fleece

cover: certified organic cotton percale

Pillow BOBO

The pillow Bobo comes either with a fluffy, organic, pure new sheep's wool fleece filling or a downy filling of organic, pure new sheep's wool balls. Both fillings will give your child's head gentle support but the sheep's wool fleece will feel slightly firmer. The cover is made from wonderfully soft, organic cotton percale. The sheep's wool ball filling will give the pillow more volume and the amount of filling can be adjusted to your child's needs.

filling: certified organic pure new sheep's wool fleece or certified organic pure new sheep's wool balls

cover: certified organic cotton percale





Dreaming With BOBO the Rabbit



Children's skin is not just wonderfully soft, it's also very sensitive. That's why the quality of the material used in bedding matters so much; the child's head rests on the pillow, the duvet or sleeping bag is tucked up to the chin and the chances are that little rabbit Bobo will be hugged tight all night.

BOBO the Plush Rabbit

When babies meet Bobo, it's usually love at first sight and a case of inseparable friendship ever after. Soft organic cotton plush makes Bobo even cuddlier. The filling consists of fluffy, organic pure new sheep's wool.(kbT).





Sleeping Bag For Baby Or Child BOBO

Duvets can easily slip off overnight but in a sleeping bag babies and small children stay comfortably warm with no restriction to their movements. The organic cotton jersey sleeping bag comes with a choice of different linings, some warmer than others, so that your child can sleep comfortably whatever the time of year. And Bobo the rabbit is a perfect companion for the world of childhood dreams. With a zip along the side, the sleeping bag can quickly be transformed into a blanket, ideal for changing nappies.

Lining:

summer: certified organic cotton velour
spring and autumn:
certified organic cotton plush
winter: lamb tuft
(100% pure new sheep's wool)

Size:

velour or plush lining 70, 90, 110 cm,
lamb tuft: 90, 110 cm

Spelt Snake BOBO

This versatile and cuddly spelt snake adapts to whatever position you're sitting or lying in. It's ideal during pregnancy, providing you with support and helping you to relax. Once the baby is born, the spelt snake becomes a breastfeeding cushion or a snug little nest for the newborn to rest in. The spelt snake gives you support just when and where you need it. The organic cotton percale cover has a velcro fastening. You can vary the quantity of the filling and adjust the cushion to suit your needs. Size: 20 x 190 cm



Spelt Snake Cover BOBO

The soft, elastic, organic cotton jersey cover comes printed with the cute BOBO the rabbit design. The washable cover is secured with ribbons for fastening.
Size: 20 x 190 cm



Baby Changing Pad BOBO

There is no avoiding nappy changes. For babies these are nicer on a cosy, organic cotton fleece changing-pad, covered with smooth organic cotton satin.



Making life easier

The rim is raised on three sides to protect your baby. The filling can be easily removed for washing.



Canopy BOBO

The canopy, made from exquisite organic cotton satin, turns every cot into a homely haven, snug and secure from light and drafts. It can be fitted with a canopy rod made from solid beech.

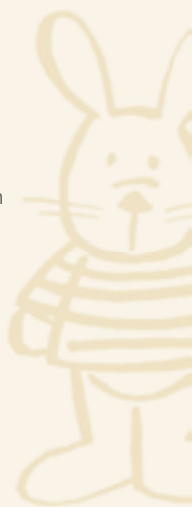
Size: 150 x 300 cm

Canopy Rod

The canopy rod is made from solid beech coated with linseed oil. It comes with a set of screws and can be easily fixed to the cot.

Cot Head Protection BOBO

The cot head-protection pad turns your child's bed into a secure and snug little nest. It comes with ribbons so that it can be fastened to the vertical slats. It's made from organic cotton satin and cotton plush. Size: 230 x 25 cm



Comfort Blanket BOBO

A lovely, fluffy comfort blanket that might fast become a constant companion. It's made of velours which has a soft, velvety feel and a Bobo the rabbit satin border.

Size: 75 x 100 cm / 100 x 150 cm

Baby Slumber Bag BOBO

Being warm and comfortable, secure and protected, that's what babies need when they start exploring their immediate surroundings by testing just how much wriggle-room their tiny legs have in this slumber bag. The outer cover is made from organic cotton jersey and is lined with either organic cotton jersey or organic cotton plush.

Size: 35 x 70 cm





ÖKO-TEST
RICHTIG GUT LEBEN
PROLANA Bettkopfschutz
Fantasia, kBA
sehr gut
Ausgabe 2/2012
Supplement Kinder Kinder

Cot Head Protection **FANTASIA**

For details see cot head protection Bobo page 65.

Comfort Blanket **FANTASIA**

A lovely, fluffy comfort blanket that could quickly become a constant companion. Made of velour it has a soft, velvety feel and a colourful Fantasia organic cotton satin border. Size: 75 x 100 cm / 100 x 150 cm

Baby Support Cushion

In the first few months of their lives, babies are unable to lie on their side unaided. The bedding cushion helps them to do so by providing gentle support. The ticking is made from organic cotton percale and the organic spelt filling shapes itself to the baby's body. Spelt has a mild massaging effect and stimulates blood circulation. The outer cover is made from soft cotton velour.

Canopy FANTASIA

The canopy, made from exquisite, organic cotton satin, turns every cot into a haven, snug and secure from light and drafts. It can be fitted with a canopy rod made from solid beech. (For detail see page 65), Size: 150 x 300 cm

Multi-purpose Baby Bag

The multi-purpose bag keeps your baby snug and warm when you're out and about. With toggle buttons and ribbons on the hood its size can be adjusted. Unzipped it becomes a soft pad to lie on. The outer cover is made from durable organic cotton, lined with soft organic cotton plush or lamb tuft (100% pure new sheep's wool).





Baby Changing Pad FANTASIA

This changing pad is filled with organic cotton fleece and covered in smooth organic cotton satin. The rim is raised on three sides with a filling that can be easily removed for washing. Size: 75 x 85 cm

Spelt Snake and Cover FANTASIA



Sleeping Bag FANTASIA

Babies and small children stay comfortably warm with no restriction to their movements. With a zip along the side, the sleeping bag can be quickly transformed into a blanket, ideal for changing nappies. Made from organic, cotton satin.

Lining:

summer: organic cotton velour
spring and autumn: organic cotton plush
winter: lamb tuft (pure new sheep's wool)

Size:

velour or plush lining: 70, 90, 110 cm
lamb tuft: 90, 110 cm

Baby Slumber Bag FANTASIA



Hot Water Bottle

It's made from natural latex, sourced from FSC®-certified rubber plantations under Fair Trade conditions. The removable, organic cotton plush cover makes it extra snuggly. Size: for children 28 x 16 cm, for adults 35 x 21 cm



Baby Sleeping Bag

Babies love warm surroundings and this sleeping bag made from lamb tuft (100% pure new sheep's wool) provides just that. The all-natural material supplies continuous warmth and a balanced microclimate. On the inside the sleeping bag is soft and fluffy, just right for the sensitive skin of a baby. The outside is slightly roughened in order to give the material grip and prevent the sleeping bag from slipping. With a zip along the side, the sleeping bag can be quickly transformed into a blanket, ideal for changing nappies. material: lamb tuft (100% pure new sheep's wool)

Did you know ...

... that sleep patterns change throughout childhood? While your baby will easily sleep up to 20 hours a day (if you're lucky...), pre-school kids will sleep for about half of that time, about 10 hours. But the need for sleep differs from one child to the next and the hours given for different age brackets are merely an approximation.

Securely Wrapped Up – Snug and Warm All Night

Most parents love sleeping bags for their kids because unlike a duvet they can't slip off. Your child stays comfortably warm and nicely tucked in. Our sleeping bags are produced to the highest standard. There are several different models to choose from and one will be just right for your child.



Neem anti-mite protection

All PROLANA bedding products are available with Neem anti-mite protection. For more information go to prolana.com

Sleeping Bag For Babies and Children

Duvets can easily slip off overnight but in a sleeping bag babies and small children stay comfortably warm with no restrictions to their movements. The sleeping bag is made from organic ecru cotton jersey. Choose between different linings that provide more or less warmth so that your baby is sleeping comfortably whatever the season. With a zip along the side, the sleeping bag can be quickly transformed into a blanket, ideal for changing nappies.

Lining:

summer: organic cotton velour
spring and autumn: organic cotton plush
winter: lamb tuft
(pure new sheep's wool)

Size:

velour or plush lining: 70, 90, 110 cm
lamb tuft: 90, 110 cm

Lining

velour

plush

lamb tuft

GROWING UP

Undisturbed, deep sleep - and lots of it - is very important for babies, children and teenagers. Many developmental processes are consolidated during the sleep phase which makes sleep such an essential part of growing up healthy. In order to give your child the best possible start, the choice of the right type of mattress is crucial. Our mattresses have different structural designs to complement the different stages of a child's physical development. Natural, organic materials provide excellent conditions for a sound and healthy sleep.





For tiny tots to grow into whoever
they dream to be.

PROLANA MATTRESSES FOR CHILDREN & TEENS



Pram mattress LARS

Perfect sleeping conditions for really tiny tots. This mattress suits Moses baskets, prams and cots.

For more information see www.prolana.com

MATTRESS CORE	2,5 cm rubberised coco fibre
HEIGHT	approx. 3,5 cm
COVER	certified organic cotton quilted with certified organic pure new sheep's wool



First Base For Your Child's Development

A good mattress is a precondition for sound sleep which in turn helps your child to grow and develop. Throughout childhood the muscular structure is forming slowly. This is what a children's mattress needs to do: it must support the child and should be firm without feeling hard. A very soft mattress lacks support as the child sinks into it too deeply. A mattress needs to last a few years but it also needs to keep up with the physical changes of the developing body; your child should always be comfortable. It's a given that bedding for children must not contain any toxic substances.



LARA PLUS

A children's mattress with two sides to it: the softer one is made from spot elastic natural latex, the firmer one from springy, rubberized coco coir. You can turn the mattress depending on your child's individual preference and growth.



RONJA PLUS

A robust mattress for little bundles of energy. Its stable core is made from rubberized coco coir. It provides good ventilation and the firm, springy texture gives optimal support to the child's spine.



KATI PLUS

This mattress has a softer and a firmer side, to allow for your child's changing needs.



MATTRESS CORE 3 cm natural latex
2,5 cm rubberised coco fibre

COVER CORE certified organic pure new
sheep's wool fleece or certi-
fied organic cotton fleece

HEIGHT approx. 8 cm

COVER certified cotton drill, ▢

BODY WEIGHT up to 25 kg

6 cm rubberised coco fibre

certified organic pure new
sheep's wool fleece or certi-
fied organic cotton fleece

approx. 8 cm

certified cotton drill, ▢

up to 25 kg

3 cm natural latex
2,5 cm rubberised coco fibre

certified organic pure new sheep's
wool fleece

approx. 6 cm

certified cotton drill, ▢

up to 25 kg

PROLANA *MATTRESSES FOR CHILDREN & TEENS*

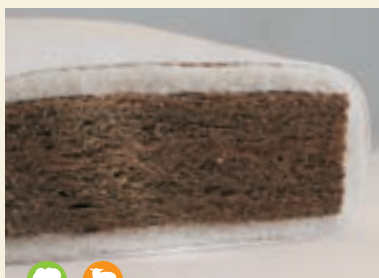


Growing up the body weight increases, bones and muscles get stronger, the shoulder area widens. These changes require a firmer mattress but at the same time one with a softer feel. Prolana provides both by combining rubberized coco coir with natural latex. For sleeping or just lazing around in a cosy retreat, a good mattress makes growing up that little bit easier.



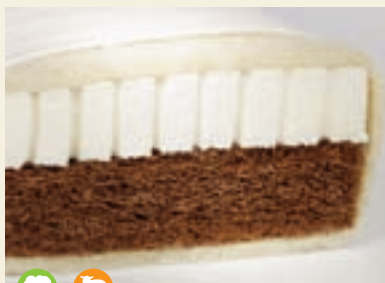
The right mattress for your teenager

Being a teenager can be as difficult as living with one; there's probably nothing you can't argue about. With the right kind of mattress your teenager will sleep well so you may not want to stress that this will also help prevent back problems later in life. Let's just leave it at that.



ALEX PLUS

The springy rubberized coco coir core of this mattress is tailored to adolescent needs. It has a firmer top and bottom layer while the middle is softer, giving excellent support for your teenager's spine.



NELE PLUS

A changeable base for a restful and healthy sleep. This two-in-one mattress gives teenagers what they need: they can choose between a softer side, made from spot elastic natural latex, or the side that's firmer with springy rubberized coco coir.



MATTRESS CORE 8 cm rubberised coco fibre
 COVER CORE certified organic pure new
 sheep's wool fleece or certi-
 fied organic cotton fleece
 HEIGHT approx. 10 cm
 COVER certified cotton drill, ▢
 BODY WEIGHT up to 60 kg

4 cm natural latex
 5 cm rubberised coco fibre

 certified organic pure new
 sheep's wool fleece or certi-
 fied organic cotton fleece

 approx. 11 cm

 certified cotton drill, ▢

 up to 60 kg

Neem anti-mite protection

All PROLANA bedding products are available with Neem anti-mite protection. For more information go to prolana.com

PROLANA

Sound Sleep – Active Life



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